

ABOUT THE UNIVERSITY

The University of Allahabad is a Central University established in 1887 located in Prayagraj, Uttar Pradesh. It is the fourth oldest modern university in India and is recognized as an 'Institute of National Importance'. The University's origins lie in Muir Central College, named after Sir William Muir, who suggested the idea of a Central University at Allahabad.



ABOUT THE DEPARTMENT

The Department of Family and Community Sciences (Home Science) was established in 1945, in pre independent India. The department is multidisciplinary with subjects that involve an interdisciplinary approach in synthesizing knowledge which focuses on the following areas of specialization: Clothing And Textiles, Food And Nutrition, Human Development, Extension Education, Family Resource Management. The department aims to educate students to enhance their skills, develop critical thinking, promote research, social responsibility and building good community relationships. To achieve these goals, the Department offers Integrated B.Sc. and M.Sc. Program in Family and Community Sciences, PG in Foods & Nutrition, Textiles & Apparel Designing as well as Ph.D. in all five areas of specialization of Family and Community Sciences. The Department lives up to the vision of the University to shape young minds to become nation builders of the future.

ORGANIZING COMMITTEE

PATRON



Prof. Sangita Srivastava
Hon'ble Vice Chancellor,
University of Allahabad, Prayagraj

CONVENOR

Prof. Neetu Mishra, University of Allahabad

CO - CONVENOR

Prof. Anjali Mathur, University of Allahabad

ORGANIZING SECRETARIES

Dr. Ritu K. Sureka	Assistant Professor
Dr. Ena Gupta	Assistant Professor
Dr. Priyanka Kesarwani	Assistant Professor
Dr. Priya Keshari	Assistant Professor
Dr. Monisha Singh	Assistant Professor
Dr. Neema Papnai	Assistant Professor
Dr. Neelam Upadhyay	Assistant Professor

KEYNOTE SPEAKERS



Dr. K. Mayuri
Retd. Professor
Prof. Jay Shankar
Telangana State
Agricultural
University,
Hyderabad



Dr. U. V. Kiran
Professor & Dean
School of Home
Science,
Babasaheb Bhimrao
Ambedkar
University, Lucknow



Dr. Geetika Jaiswal
Assistant Professor
Family and
Consumer Sciences,
Morgan State
University, Baltimore
Maryland, USA

CONTACT DETAILS

Dr. Neema Papnai	9887014295
Dr. Ritu K. Sureka	9336973681
Dr. Ena Gupta	8840911685
Dr. Priyanka Kesarwani	8765216211

website: <https://www.allduniv.ac.in>

Email: homescienceau1945@gmail.com

Two Days National Seminar on

“CONTEMPORARY TRENDS AND INTERDISCIPLINARY APPROACH FOR FIT INDIA”

November 28 & 29, 2025



Organised by
Department of Family and Community Sciences,
University of Allahabad,
Prayagraj-211002, India



Prof. Ishwar Topa Auditorium (first floor), Faculty of Art
University of Allahabad,
Prayagraj

ABOUT THE SEMINAR

Organizing a seminar on “Contemporary Trends and Interdisciplinary Approach for Fit India” is both pivotal and opportune. Community Sciences, with its diversified focus on nutrition, health, family resource management, and holistic development of human beings, is aptly positioned to support the Fit India Movement’s goals of promoting physical, mental, and emotional well-being. This seminar would provide a platform to explore the emerging trends such as digital wellness, sustainable living, inclusive nutrition, and mental health advocacy which are increasingly relevant in today’s fast-changing social scenario. By adopting an interdisciplinary lens, the seminar can foster collaboration between fields like psychology, physical education, public health, environmental science and technology, encouraging innovative strategies for community fitness and resilience. Moreover, the seminar would empower students and educators to become wellness advocates, equipping them with practical tools for fitness mapping, stress management, and sustainable lifestyle planning. Through expert talks, interactive sessions, and student-led presentations, the event would not only enrich knowledge but also strengthen the collective commitment to a healthier and more aware India.

OBJECTIVES OF THE SEMINAR

- To promote and develop awareness about nutrition, health and wellbeing.
- To enhance the conceptual understanding of sustainable fibers and apparels.
- To understand and explore the latest trend in eco-friendly and functional textiles.
- To explore the relationship between holistic health and ayurveda.
- To discuss strategies for enhancing mental health of children and adolescents.

SEMINAR THEMES

- Nutritional deficiencies
- Nutrition management of communicable and non-communicable diseases
- Food security and remedies for healthy life style
- Functional, organic and convenience food
- Health implications of Genetically Modified Foods (GMOs)
- Role of AI in human health and diseases
- Prebiotics, probiotics and synbiotics
- Nutrigenomics for health and human welfare
- Role of Ayurveda in promoting maternal and child health and holistic well-being
- Herbal formulations in disease prevention
- Strategies to improve maternal and child health through nutrition
- Strategies for holistic development of women and children
- Strategies for managing behavioural issues in children
- Strategies for holistic development of children
- Integrating nutrition and child development interventions
- Managing obesity in different age groups
- Addressing issues related to mental health of human beings
- Addressing diversity and promoting inclusivity
- Eco-friendly textiles for sustainable development
- Sustainable route for textile processing
- Zero waste textiles and circular economy
- Functional, medical and sports textiles
- Natural fibre products and processes
- Handloom and contemporary textiles

CALL FOR PAPERS

Faculty member, Scientists, Research scholars, Students of Family and Community Sciences, Home Science, Food Technology, Child Psychology and allied areas from Universities/Institutes/Colleges/Industries are welcome to contribute their papers.

SUBMISSION OF ABSTRACT

Authors are invited to submit the abstract on or before November 07, 2025 in MS Word Format (Times New Roman, 12 point, spacing 1.5) not exceeding 250-300 words. The electronic version of the abstract should be sent to homescienceau1945@gmail.com.

AWARD

Best Poster Presentation awards

MODE OF SEMINAR

The seminar will be conducted only in offline mode and the details will be shared with registered participants in due course of time.

IMPORTANT DATES

Seminar Date: November 28 & 29, 2025

Abstract Submission: November 07, 2025

Extended date of Abstract Submission: November 15, 2025

Acceptance of Abstract: November 16, 2025

Last Date of Registration: November 17, 2025

REGISTRATION DETAILS

Registration Link:

<https://forms.gle/5J6eWyU7j5FtUUAm9>

Registration Fee

M.Sc. Students: Rs. 500/- (Five Hundred only)*

Ph.D. Students: Rs. 1000/- (One Thousand Only)*

Academicians and Delegates: Rs: 1500/- (One Thousand Five Hundred only)*

*Spot Registration - Rs. 300/- extra will be charged

Mode of transfer: Online transfer through NEFT/PhonePe/Google pay

Bank Details

A/c Holder- Home Science Association

A/c Number- 10341398940

IFSC code- SBIN0001621

Bank Name- State Bank Of India

Branch- Allahabad University