



Col Hitesh Lav (Retd) is an Army Veteran commissioned in BIHAR Regiment (BIHAR) in 1982 and has 35 years of active service in frontline combat duty across all border areas. He has been an Instructor in IMTRAT Bhutan for Royal Bhutan Army and Junior Command Wing of Army War College. He has been a selector for Army Officers in Services Selection Board Allahabad and Bengaluru. He has a vast administrative and leadership experience having commanded 24 Rashtriya Rifles Unit and served in various capacities at Army Headquarters. He is alumni of Delhi University with Honours in Zoology and also Devi Ahilya Vishwa Vidyalaya, Indore with MBA and PG HRM. He is also a qualified Trainer of Trainers from Indian Society of Training and Development, Delhi. He is a prolific writer with two books to his credit on HRD Management for Indian Army and Infantry Modernisation. He is a poet with fluency in English Hindi and Urdu and has featured in three projects with 'Poets and Artists Unplugged'.